



FFGC Award Application Cover Sheet 2025-2027

Complete this cover sheet and additional pages as noted below.
Email your completed application to the FFGC Awards chair, Sylvia Swartz:
sswartzffgcawards@gmail.com. Most awards are due November 27, 2025.
Check Awards Handbook for variations.

FFGC Award # 5 Category/ Class A FFGC Award SPECIAL ACHIEVEMENT AWARD

Name of Group/Club/Individual applying for Award Awards Committee

Club Lake Placid Garden Club

Number of members 104

Contact Name Doris Rohner

FFGC District # IX

Email gardenclub4me@gmail.com

Phone 954.792.7500

Address 156 Red Water Pt

City Lake Placid

ST. FL Zip 33852

Name of Club President Doris Rohner

Email: gardenclub4me@gmail.com

Phone 954.792.7500

Is this project new? No

Continuing from previous work? Yes

Ongoing? Yes

Beginning date 1-2025

Expected completion date 12-2025

Complete this cover sheet and attach the following information (**do not exceed 3 additional single-sided sheets unless you are submitting a BOE which requires more pages**).

1. A brief summary and objectives of the project;
2. Description of the involvement of other club members, other organizations, etc. ;
3. Project expenses and means of funding;
4. Continuing involvement, follow-up, or maintenance;
5. Include Landscape plan if applicable – does not need to be professionally drawn;
6. Photos as applicable (inserted into your document – do not send photo prints).

All award applications are to be typed and submitted electronically unless otherwise noted in the award description. Applicants must use this cover sheet and may attach up to three additional single-sided pages. Indicate the Award Name and Number and the name of the applicant on each sheet. Number the pages .



PO Box 2193, Lake Placid, FL 33862

www.lakeplacidgardenclub.org

Award: #5

Award Name: Special Achievement Award

Applicant Name: Lake Placid Garden Club

To: Sylvia Swartz

FFGC Awards Chair

Re: Garden Therapy Program

1. *A brief summary and objectives of the project;*

Garden Therapy is a monthly activity designed for senior residents at the Lake Placid Health and Rehabilitation Center. The Center provides short-term rehabilitation and long-term skilled nursing care in a calm and relaxing atmosphere. During each session, residents learn how to create their own floral arrangements using live plant and flower clippings. This hands-on experience promotes relaxation, creativity, and joy, while encouraging connection with nature. At the end of each session, residents get to keep their beautiful arrangements to brighten their rooms and enhance their personal well-being.

2. *Description of the involvement of other club members, other organizations, etc. ;*

Other club members actively contribute to the success of our Garden Therapy program in many ways. Members bring their own flowers and greens, while several purchase additional blooms and supplies. Some have donated containers, bows, and holiday cards to enhance the residents' arrangements. We even have a dedicated member who, though unable to attend sessions, reliably purchases beautiful bouquets—often roses—from Publix for the residents to include in their creations. In addition, some members make monetary donations to support the program. Our club also provides supplies such as paper, wet foam, snacks, and small gifts. We always serve cookies or crackers on special plates and napkins, while the facility graciously provides juice.



Award: #5

Award Name: Special Achievement Award

Applicant Name: Lake Placid Garden Club

3. Project expenses and means of funding;

The supplies for Garden Therapy are primarily donated. Members generously provide greenery and flowers from their personal gardens, and containers and floral materials are also contributed. On occasion, when additional supplies are needed, they are purchased by club members and reimbursed by the club if requested.

4. Continuing involvement, follow-up, or maintenance;

Those of us who participate regularly have developed warm friendships with many of the residents who attend each month. We celebrate holidays together and prepare for each session with care—creating handmade placemats, colorful picks, and decorated containers filled with wet foam ready for arranging. We often bring small gifts such as cards, necklaces, and stuffed animals, and sometimes even share songs (which the residents love, despite our less-than-perfect voices!). Our continued involvement has made Garden Therapy a joyful, familiar tradition for both members and residents alike. Interestingly, many of the residents were gardeners themselves, which deepens their enjoyment. One memorable moment came when a resident from Jamaica, a former chef, declined to use rosemary in his arrangement because its fragrance made him hungry!

***5. Include Landscape plan if applicable – does not need to be professionally drawn;
NONE***

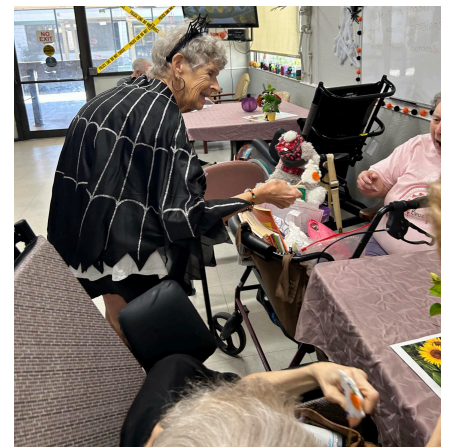
6. Photos as applicable (inserted into your document – do not send photo prints).



Sandy Rosch & Laura Krumm prepping tables for the floral arrangements



Kathy Sockwell admiring a residents arrangement



Joyce Mills entertaining for a holiday party.

Award # 5

Award Name: Special Achievement Award

Applicant Name: Lake Placid Garden Club

Garden Therapy volunteers posing after a fun and rewarding session with the residents



Our volunteers setting up the meeting room in anticipation of bringing joy to the residents



Design talent flourishes among the residents. Men enjoy floral arranging too.

