



## FFGC Award Application Cover Sheet 2025-2027

Complete this cover sheet and additional pages as noted below.  
Email your completed application to the FFGC Awards chair, Sylvia Swartz:  
[sswartzffgcawards@gmail.com](mailto:sswartzffgcawards@gmail.com). Most awards are due November 27, 2025.  
Check Awards Handbook for variations.

FFGC Award #	15	Category/ Class	4	FFGC Award	GARDEN THERAPY GERIATRIC AND EXCEP		
Name of Group/Club/Individual applying for Award				Awards Committee			
Club	Lake Placid Garden Cllub			Number of members	104		
Contact Name	Doris Rohner			FFGC District #	IX		
Email	gardenclub4me@gmail.com			Phone	954.792.7500		
Address	156 Red Water Pt						
City	Lake Placid			ST.	FL	Zip 33852	
Name of Club President	Doris Rohner			Email:	gardenclub4me@gmail.com		
Phone	954.792.7500						
Is this project new?	No	Continuing from previous work?	Yes	Ongoing?	Yes		
Beginning date	1-2025		Expected completion date	12-2025			

Complete this cover sheet and attach the following information (**do not exceed 3 additional single-sided sheets unless you are submitting a BOE which requires more pages**).

1. A brief summary and objectives of the project;
2. Description of the involvement of other club members, other organizations, etc. ;
3. Project expenses and means of funding;
4. Continuing involvement, follow-up, or maintenance;
5. Include Landscape plan if applicable – does not need to be professionally drawn;
6. Photos as applicable (inserted into your document – do not send photo prints).

All award applications are to be typed and submitted electronically unless otherwise noted in the award description. Applicants must use this cover sheet and may attach up to three additional single-sided pages. Indicate the Award Name and Number and the name of the applicant on each sheet. Number the pages .



PO Box 2193, Lake Placid, FL 33862

[www.lakeplacidgardenclub.org](http://www.lakeplacidgardenclub.org)

November 10, 2025

**Award: # 15**

**Award Name: GARDEN THERAPY GERIATRIC AND EXCEPTIONAL AWARD**

**Applicant Name: Lake Placid Garden Club**

**To: Sylvia Swartz  
FFGC Awards Chair**

**Re: Garden Therapy Program - At Lake Placid Health & Rehabilitation Center**

**1. A brief summary and objectives of the project;**

Our club is dedicated to bringing joy and connection to seniors in rehabilitation and long-term care. Each month, we work side by side with residents to create beautiful floral arrangements for their rooms—brightening their days and lifting their spirits. Through hands-on activities, demonstrations, and simple gardening and flower arranging projects, we hope to inspire creativity, spark friendships, and share the healing beauty of nature with every resident we meet.

We stimulate an interest in supporting seniors in rehabilitation and long-term care environments by promoting programs, demonstrations, workshops, and hands-on activities related to garden club work—such as horticulture, floral design, and beautification of facility grounds. Our objective is to engage residents in creating monthly floral arrangements for their rooms, fostering creativity, companionship, and a sense of well-being through the joy of flowers.

**2. Description of the involvement of other club members, other organizations, etc. ;**

Each month, several club members take part in our Garden Therapy sessions, while others join in when they're not involved in other projects or events. Over time, those who attend regularly have built genuine friendships with many of the residents. Together, we look forward to each visit—especially during holidays—when we prepare thoughtful touches like handmade placemats, bright floral picks, and decorated containers lined with wet foam for easy arranging. We often bring little surprises such as greeting cards, costume jewelry, or soft toys, and on occasion, we sing a few songs—much to the residents' delight, even if our harmonies aren't perfect!

One resident regularly attends with the support of an aide, ensuring her participation. We also welcome relatives who visit with residents, and recently, we had a husband and wife join us. This inclusive atmosphere strengthens our community and fosters deeper relationships.

Page 1 of 3



**Award: # 15**

**Award Name: GARDEN THERAPY GERIATRIC AND EXCEPTIONAL AWARD**

**Applicant Name: Lake Placid Garden**

**3. *Project expense and means of funding;***

The supplies for Garden Therapy are primarily donated. Members generously provide greenery and flowers from their personal gardens, and containers and floral materials are also contributed. On occasion, when additional supplies are needed, they are purchased by club members and reimbursed by the club if the member completes a reimbursement form and turns in a receipt. If reimbursement is not requested an In-Kind form must be submitted.

**4. *Continuing involvement, follow-up, or maintenance;***

Our ongoing involvement has turned Garden Therapy into a much-loved tradition, bringing joy to both members and residents alike. Many participants once tended gardens of their own, and they share their knowledge and stories with pride. One especially memorable moment came when a resident from Jamaica, who had been a chef, refused to include rosemary in his bouquet—its aroma made too him hungry.

One of the most cherished memories involves a conversation with an incredibly intelligent woman who had been a professional in New York City. When asked about her career, she momentarily became lost and asked her neighbor if they remembered. She teared up, unable to recall details, but before I left, she grabbed my hand to thank me for taking the time to talk with her. This interaction truly highlighted the importance of connection and emotional support.

Another resident would eagerly wheel her wheelchair over to the work table to see if we had any coleus for her arrangement. She explained that she would root each flower and use the plants to brighten up her room. During a visit to her room, I was delighted to see the plants she had started. She also kept every pick we used in our floral designs, demonstrating her deep appreciation for the activity and her creative spirit.

This program brings not only joy to the residents but also to each one of us who is involved. The connections, the personal stories, the creativity, and the smiles are what make this initiative so fulfilling.

**5. *Include Landscape plan if applicable – does not need to be professionally drawn;***

NONE

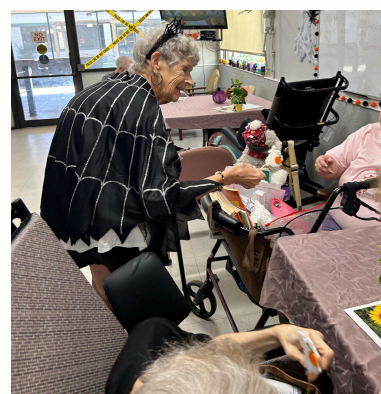
**6. *Photos as applicable (inserted into your document – do not send photoprints).***



*Sandy Rosch & Laura Krumm prepping tables for the floral arrangements*



*Kathy Sockwell admiring a residents arrangement*



*Joyce Mills entertaining for a holiday party.*



## Award # 15

**Award Name: GARDEN THERAPY GERIATRIC AND EXCEPTONAL AWARD**

**Applicant Name: Lake Placid Garden Club**

*Garden Therapy volunteers posing after a fun and rewarding session with the residents*



*Preparations before the residents come to the community room for floral arranging*



*Design talent flourishes among the residents. Men enjoy floral arranging too.*

